

Releasing Relationship Cords

(candle magick)



Items Needed:

Candles: black for release, red for passion and strong emotion, white for Goddess, green for healing the heart, white for new beginnings

Actions to perform:

Call your circle, asking Mother, the elements/directions, and your spirit helpers to be with you and assist you.

As you light each candle, say the words (or similar words), and then sit with that candle and absorb the emotion or meaning. Light the next candle only when you feel ready to move on to the next level.

Light your Goddess candle. "From You comes all release, healing, and new beginnings."

Light red candle from Goddess candle. "I honor the passion, love and energy I put into this relationship."

Light black candle from red candle. "I now release the connection between this relationship and myself. I choose to break connection and focus my energy in another direction."

Light green candle from black candle. "I ask for a healing salve to be soothed into my body, emotions and soul, healing me and my cut connection."

Light white candle from green candle. "I place my passion, love and energy into myself, loving my body and my emotions. I look forward to new opportunities and beginnings."

As it harm none,

So mote it be done.

Dismiss circle.

Ground.

by: Danu GrayWolf