

CLEANSING/NEGATIVITY SPELL



Write down all negativities, hurts, etc on a piece of parchment or paper then:

Place paper inside pot or cauldron and light it.

Chant three times:

Earth, Air,

Fire and Water,

May what I do transpire.

Ever abiding the Rede of Three

Neither harm nor foul

Back to me.

As I will it

So shall it Be.

"Paper burns

What is past be gone

Never more to harm.

Paper to ashes

scattered to the winds

Letting go

Of all hurts within.

So Mote It Be.

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scatter the ashes to the winds or bury them in your backyard.