

Pregnancy Ritual



Items needed:

Feather (air aspect)

Smudge tools

Stones: Quartz crystal is very good, and you may add other stones that give healing for sexual organs, fertility, love, etc...whatever the parents need. (earth aspect)

Candles: I like to use one for each parent...you may use pink and blue...silver and gold for divinity (or one white for divinity if you prefer)...and whatever color you wish for the child...I use yellow. (fire aspect)

bowl of water or seashells (water aspect)

Oil: you may use any hoo doo oils that are appropriate for this ritual, but I like to use sandalwood essential oil for the divinity and sacredness of this ritual.

carving tool for candles

Pen and paper

Ritual:

Using smudging tools, cleanse your body, your space, and feather.

Carve names in candles and dress candles in oil. Light.

Call your circle, inviting Mother and Father God/dess to join if they will, in their many aspects; and invite all light beings, angels, animal spirits, guides, etc.

Make a list of everything you desire...healthy baby, easy pregnancy, gentle birth, full term pregnancy, no complications, etc. Please refrain from "just" asking for a pregnancy.

Prayer for fertility - using the list you created, send a short, heart-felt prayer in the manner you choose.

(optional) After the prayer, pick up the feather and hold it gently while meditating. Allow the little spirit the parents shall have to come in if it will. Speak with the spirit and tell her/him about the parents and their desire for a child, etc. Ask that she come only if the time is right for HER. Thank the child and come gently out of meditation.

After prayer (and optional meditation), while holding the feather, say, "This feather is a symbol of the pregnancy." Wave the feather (high) above the flames of the candles...back and forth as you speak. Continue with, "We ask that the essences of the mother, the father, Goddess, and God will be blended to create space for a beautiful, healthy child to come in and bless their lives. So mote it be."

Lay the feather over the stones for continued empowerment until candles burn out. Then keep it in a safe place until the birth.

Open circle. Ground.

*Please keep in mind that it is perfectly acceptable to only invite and petition Goddess aspects if that is preferable to you. God was placed here because of personal preference.
